

Lemon Vitality™

Features and Benefits

- Provides circulatory support
- Has antioxidant properties
- Supports the immune system

Uses

- Enhance your baking
- Can also be used to clean surfaces
- Use as a substitute in any recipe that calls for lemon juice or grated zest

Notes

It takes 75 lemons to make a 15-ml bottle of essential oil



How to use

- Add a few drops to flavor water
- Create custom vinaigrette or dressings
- Blend a drop in Gary's True Grit™ Einkorn Pancake and Waffle mix batter for a delicious breakfast



Precautions:

- For external use only
- Keep out of the reach of children
- Possible skin sensitivity
- If you are pregnant, nursing or under the care of a physician, consult your physician prior to use.
- Avoid contact with eyes, inner ear, and sensitive areas.

Additional precautions

If contact with skin occurs, avoid direct sunlight or UV rays for up to 12 hours

SOURCES:
Young Living website

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DISCLAIMER:

This information is for educational purpose only
These statements have not been evaluated by the Food and Drug Administration
Young Living products are not intended to diagnose, treat, cure, or prevent any disease