



LAVENDER

(Lavandula angustifolia)

EST. 1994
SEED TO SEAL

QUALITY COMMITMENT

FEATURES AND BENEFITS:

- Has a refreshing and relaxing aroma
- Is a very versatile oil
- Calms, relaxes and balance mind and body
- Soothes bites, burns, rashes, and bruises
- Increases alertness
- Skin nourishing
- Promotes tissue regeneration

USES:

- May help improve concentration and mental activities
- Enhances immune functions
- May provide sedative effects
- Can help to strengthen and restore vitality
- Helps to get rid of unpleasant smells



SCAN ME

NOTES:

- Lavender was praised in ancient Greece for its many properties
- Is part of the mint family
- It takes 27 square feet (2.5 M2) of Lavender to make one 15-ml bottle of Lavender essential oil

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HOW TO USE:

- Diffuse at home for the possibility to reduce infections
- Inhale directly
- Add a few drops to lotions or skin care products
- Incorporate to your massage oil and pamper your neck, shoulders or back
- Diffuse at bedtime for a pleasant sleep
- Try it on a cut or scrape on your skin

PRECAUTIONS:

- For external use only
- Keep out of the reach of children
- Possible skin sensitivity
- If you are pregnant, nursing or under the care of a physician, consult your physician prior to use.
- Avoid contact with eyes, inner ear, and sensitive areas.

FUENTES:

- Sitio web de Young Living
- Instituto Aromahead



DISCLAIMER:

This information is intended for educational purposes only.
These statements have not been evaluated by the Food and Drug Administration.
Young Living products are not intended to diagnose, treat, cure, or prevent any disease